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The Potential Immunomodulatory Effect of *L. rhamnosus* TW2 & *L. plantarum* TW14 Isolated from Local Goat Milk and Their Incorporation in Cheese



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INDONESIA



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Introduction

- **Salmonella** is a causative agent of food poisoning outbreaks in Indonesia, ranging from 12.5 to 25% between 2008 and 2010.
- **Infection of S. Typhimurium** in the digestive tract is preceded by the invasion of the *Peyer's Patches* and M-cell, with ileum as the main target.
- **Probiotic** is alive, non-pathogenic microorganism that give beneficial effects on health when they are administered in adequate number.
- **One role of probiotic bacteria** is to maintain the balance of intestinal microflora in humans or animals, by means of reducing the incidence of gastrointestinal infections by pathogenic bacteria.



Introduction

The antagonistic properties resulted from antimicrobial substances

The ability to compete against pathogenic bacteria during attachment to intestinal mucosa

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ways probiotic defense against pathogens (Casey 2007)

The ability to compete against pathogenic bacteria for nutrients

The improvement of host's immune system



Objectives

- To evaluate the influence *L. rhamnosus* TW2 and *L. plantarum* TW14 isolates, as well as cheese containing the LAB on:
 - the profiles of microflora
 - the morphological profile of ileum and caecum
 - the potency as immunomodulator
 - lymphocyte proliferation and
 - sIgA levels



Methodology

Testing was carried out with 5 treatment groups, each group consisted of 9 SD rats.



LAB isolates were given orally as much as 1 mL/rat with a concentration of $\log 8 \text{ cfu mL}^{-1}$, while LAB-containing cheese was given as much as 1 g/rat, which contained $\log 8 \text{ cfu g}^{-1}$ LAB.



Infection of *S. Typhimurium* ATCC 14028 was done with concentration of $\log 8 \text{ cfu mL}^{-1}$.



All rats were maintained for a total of 23 days



Treatment groups and stages of the experiment

Treatment Groups	Stages of the experiment		
	Initial Stage (day 1 to 10)	Infection Stage (day 11 to 13)	Final Stage (day 14 to 23)
Pro-typ-pro	Probiotic (pro)	<i>S. Typhimurium (Typ)</i>	Probiotic (pro)
Pro-typ-std	Probiotic (pro)	<i>S. Typhimurium (Typ)</i>	Control (std)
Che-typ-che	Cheese (che)	<i>S. Typhimurium (Typ)</i>	Cheese (che)
Che-typ-std	Cheese (che)	<i>S. Typhimurium (Typ)</i>	Control (std)
Std-typ-std	Control (std)	<i>S. Typhimurium (Typ)</i>	Control (std)

- **Pro**: the rats were given isolate containing $\log 8 \text{ cfu mL}^{-1}$ LAB;
- **Che**: the rats were given fresh cheese containing $\log 8 \text{ cfu g}^{-1}$ LAB;
- **Typ**: the rats were infected with *S. Typhimurium* ATCC 14028 as many as $\log 8 \text{ cfu mL}^{-1}$.
- **Std**: the rats were given standard feed only.

The rats in each treatment were dissected after the initial, infection, and final stage



Methodology

The measured variables were:

1. PROFILES OF INTESTINE MICROFLORA

- Quantitative Test of Lactic Acid Bacteria
- Quantitative Test for Salmonella

2. POTENTIAL IMMUNOMODULATORY

- Measuring of lymphocyte cells
- Test for Secretory Immunoglobulin A (SIgA)

3. PROFILES OF INTESTINE MORPHOLOGY

- Test for Hematoxylin-Eosin (HE) Staining

All treatment protocols have been approved by the Committee of Ethics, Department of Health, Republic of Indonesia No: KE.01.02/EC/06H/2011.



Result and Discussion

Number of LAB (log cfu g⁻¹) in ileum and caecum

Sampel	Sampling time (day)	pro-typ-pro	pro-typ-std	che-typ-kej	che-typ-std	std-typ-std (control)
Ileum	10	6.22±0,62	6,78±0,2	5,58±0,21	5,47±1,34	5,75±0,68
	13	6,05±0,14	6,30±0,38	5,45±0,05	5,10±0,47	4,34±0,27
	23	6,23±0,80	5,45±0,37	6,12±0,71	5,57±0,63	4,98±0,92
Caecum	10	5,56±0,17	6,32±0,56	6,07±0,49	5,97±0,77	5,36±0,17
	13	6,30±0,61	6,69±0,04	6,24±0,24	6,10±0,67	4,60±0,44
	23	6,29±0,62	6,04±0,21	6,33±0,40	5,74±0,48	5,32±0,31

- Day 10, the number of LAB in the ileum & caecum was higher than control.
- During the infection (day 11-13), the number of LAB was decreased in all treatments, both in ileum and caecum.
- Giving more LAB isolates and cheese after infection until day-23, increased the number of LAB.



Result and Discussion

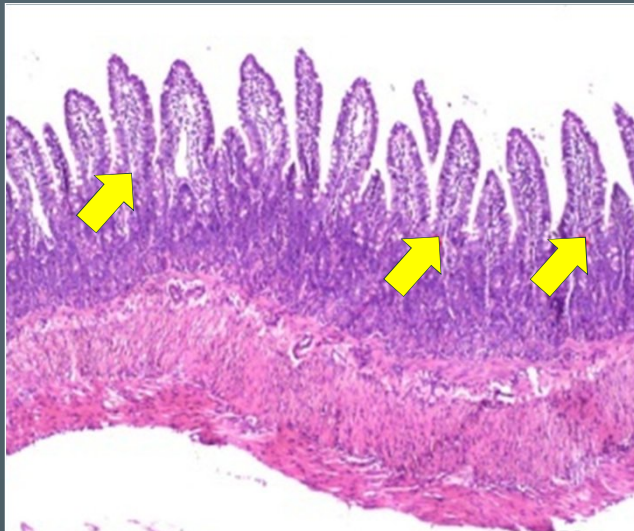
Number of *S. Typhimurium* (log CFU g⁻¹) in ileum and caecum

Sample	Sampling period	pro-typ-pro	pro-typ-std	che-typ-che	che-typ-std	std-typ-std (control)
Ileum	10	Nd	Nd	Nd	Nd	Nd
	13	3.22±0.29	3.10±0.01	3.68±0.21	3.60±0.17	4.59±0.20
	23	Nd	3.07±0.06	1.45±1.02	3.13±0.73	4.48±0.07
Caecum	10	Nd	Nd	Nd	Nd	Nd
	13	3.80±0.05	3.61±0.25	3.47±0.03	3.53±0.13	4.81±0.22
	23	Nd	0.8±1.38	Nd	2.94±0.07	4.92±0.62

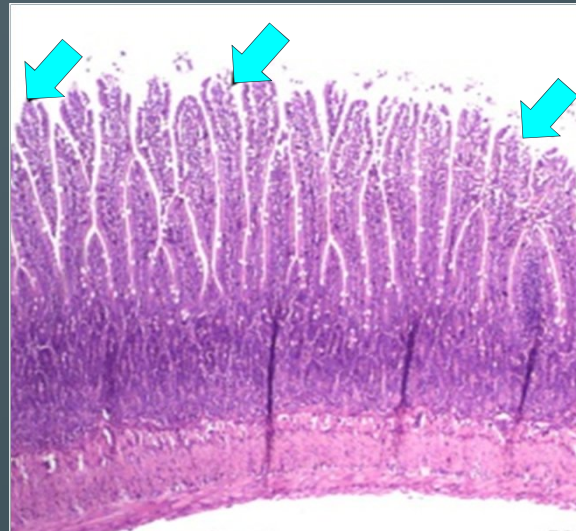
- Before infection, the *S. Typhimurium* was not detected in both ileum & caecum.
- The number of *S. Typhimurium* in treatment groups was lower than control group ⇒ presence of LAB ⇒ inhibit the growth of the pathogenic bacteria.
- The growth of *S. Typhimurium* was completely inhibited when the rat were continuously given LAB, during the post-infection.

Result and Discussion

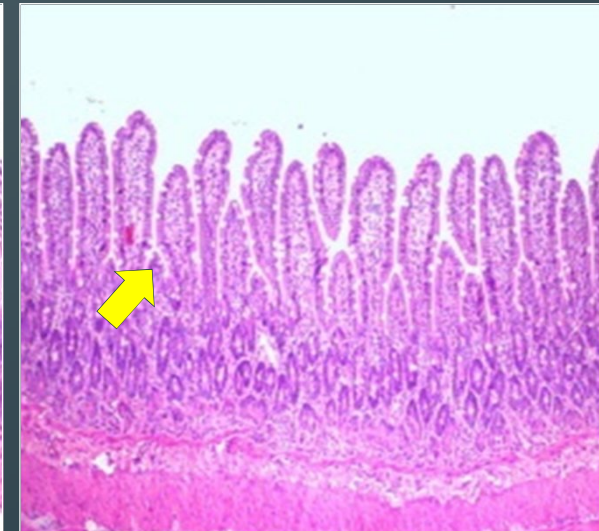
Morphological profile of ileal villi after LAB feeding



Before infection



During infection



After infection

- **Blue arrows:** the damage ileal villi due to the infection of *S. Typhimurium* is indicated by the release of intestinal epithelial cells
- **Yellow arrow:** the goblet cells proliferation in the ileal villi before and after infection



Result and Discussion

Number of lymphocytes in the lymph ($\times 10^6$ cell mL^{-1})

Sampling period (days)	Treatment				
	pro-typ-pro	pro-typ-std	che-typ-che	che-typ-std	std-typ-std (control)
10	99 ± 47	57 ± 5.7	140 ± 93	74 ± 6.4	57 ± 13
13	230 ± 8.5	45 ± 34	27 ± 21	18 ± 8.1	6.8 ± 1.6
23	370 ± 28	79 ± 59	190 ± 15	120 ± 71	15 ± 2.1

- At day-10, the number of lymphocytes in all treatment was higher than the control.
- Treatment of LAB isolates and cheese containing LAB was able to improve the number of lymphocyte cells during the first 10 days, infection with *S. Typhimurium*, and post infection.



Result and Discussion

Absorbance value of secretory immunoglobulin A (SIgA)

Sample	Sampling period (days)	Absorbance value of SIgA OD 450 nm				
		pro-typ-pro	pro-typ-std	che-typ-che	che-typ-std	std-typ-std (control)
ileum	10	0.089±0.00 ^a	0.096±0.00 ^a	0.112±0.00 ^b	0.102±0.00 ^{ab}	0.101±0.00 ^a
	13	0.114±0.00 ^b	0.119±0.00 ^b	0.086±0.00 ^a	0.090±0.00 ^a	0.095±0.00 ^a
	23	0.102±0.00 ^b	0.093±0.00 ^a	0.078±0.00 ^a	0.090±0.00 ^a	0.085±0.00 ^a
caecum	10	0.097±0.00 ^a	0.112±0.00 ^b	0.101±0.01 ^a	0.085±0.00 ^a	0.104±0.01 ^a
	13	0.087±0.01 ^a	0.083±0.00 ^a	0.089±0.00 ^a	0.101±0.00 ^a	0.096±0.00 ^a
	23	0.097±0.00 ^a	0.092±0.00 ^a	0.079±0.00 ^a	0.084±0.00 ^a	0.086±0.00 ^a

- At the 10th days initial treatment, the absorbance of SIgA in ileum of che-typ-che isolates group, was increasing compared to the control.
- At the infection stage of *S. Typhimurium*, the LAB isolate treatment (pro-typ-pro) was able to increase SIgA absorbance in ileum.
- There is no influence of LAB isolates administration to SIgA in caecum.



Conclusion

Mixed isolates of
L. rhamnosus TW2 & *L. plantarum* TW14 and
cheese containing the LAB

Were able to
show **preventive**
functions during
S. Typhimurium
ATCC 14028
infection

Were able to
show **remedial**
functions during
S. Typhimurium
ATCC 14028
infection

Demonstrate potential immunomodulatory



Thank You !